

## **Example Programs**

### **Summer Youth Skills and JFA (2022)**

#### **Glenan woods – Exploring the Atlantic Oak Rainforest**

##### **Session 1 – Canopy and understory**

Story – Story of Glenan woods

Games – tree tag and you're safe if....

Experiences – exploring canopy and understory layers. Harvesting oak and hazel branches to make palm drills. Tool use, folding saws and loppers, risk assessing.

JFA links – managing risk, woodland management, tree and plant id, woodland habitats, forest ambassadors

##### **Session 2 – scrub layer**

Story - Willow visualisation and movement

Games – peace sticks

Experiences – Exploring scrub layer. Harvesting willow to make walking sticks with loppers and saws. Piling up willow branches and leaves to create habitat, risk assessing

JFA links – habitat creation, woodland management, tree and plant id, managing risk, woodland habitats, forest ambassadors, habitat creation

##### **Session 3 & 4 – The whole system**

Story – The living mountain

Games - lunch treasure hunt

Experiences – a big wander to take in the bigger picture from up the hill

JFA links – tree and plant id, woodland management,

##### **Session 5 & 6 – Mycelia and mushrooms**

Story – The mother tree

Games – Balloon fungus

Experiences - mushroom id through the woodland, mycelia id, splitting wood, making a camp fire and cooking mushroom and potato soup, risk assessing

JFA links – tree and plant id, woodland management, managing risk, woodland habitats, forest ambassadors

Youth skills and Junior Forester Award (2023/24)

This project took place Oct 2023 – April 2024

### **Session 1-4**

Part of the Ash Rise project

Story – Ash Die back & The tree Yssdrassil

songs – Autumn tree song, Good Friends

Games – Ash Die Back in the forest, tree tag

Experiences – felling small trees, using drawknives, wood horse, side axe, various saws.

Working together to debark trees, make pegs and put the shelter together. Co-created content for school and community woodland websites to share details of the project. A woodland shelter made for whole community use.

JFA links – tree and plant id, risk management, woodland habitats, habitat creation, woodland management, forest ambassadors

### **Sessions 5-6**

Story – Landscape restoration at small holding , story of crofting in scotland

Games – taste test, visualisation from birds eye view,

Experiences – visiting thriving polytunnel and market garden, regen ex sitka plantation, felling sitka tree with double bow saw, working together to carry it out of the woods with ropes, using small sawmill to plank. Co-creating content for school website

JFA links – tree and plant id, woodland management, habitat creation, woodland habitats, managing risk, forest ambassador

### **Session 7-8**

Story – Invasive species and lost species

Games – deer v wolf, show and tell with whale tooth and mammoth tusk fossil

Experiences – using tools to cut and mulch rhoddy, planting trees, cutting up rhoddy for future fire use, harvesting branches for damper bread

JFA links - tree and plant id, managing risk, habitat creation, woodland management, woodland habitats

October teen camp – Making stools and Junior Forester Award (2022)

### **JFA areas**

Managing risk  
Tree and plant id  
Woodland habitats  
Habitat creation  
Woodland management  
Forest ambassadors

### **Stool making areas**

Identify trees to fell for legs  
Identify trees in the woodland used for seat  
Tool use  
Piling up of unwanted branches and leaves  
Writing a blog about it for woodland website  
Protecting saplings from deer browsing

### **Session 1 & 2**

Story – story of the woodland, it's history of coppicing and current restoration strategy  
Games – During a wander through the woodland - tree tag & you're only safe if....  
Experiences – Tool use – secateurs and folding saw and bow saw  
Experiences – felling small dead standing sitka for the legs, willow and hazel branches for the pegs

JFA links – risk assessing, woodland management, tree and plant id, habitat creation

### **Session 3 & 4**

Story – visit one of the old oak trees and explore together the story of the oak trees and biodiversity and impacts of deer on rainforest health  
Games – deer bounding, wolf v deer  
Experiences – making the stools, harvesting and whittling sticks for damper bread

JFA links – woodland habitats, woodland management, managing risk, tree id

### **Session 5 & 6**

Story – visit old ring barked sitka and tell story of sitka spruce. Start with ojobwe story  
Games – nutty squirrels, ninja  
Experiences - finishing off stools and wandering through the woodland protecting saplings with tree guards. Co-creating a blog piece for woodland website to share with community what has been learned and what we did. Leave one of the stools for use in the community space.

JFA links – tree id, woodland management, woodland habitats, forest ambassadors